

Dr. Rochelle Hall-Schwarz

Ph.D., PC
NCC, LPC-S, CART, EMDR, CHT

*Individual Family & Group
Therapist*

*Dr. Rochelle Hall-Schwarz is
available by appointment*

512-948-5220

*Dr. Hall-Schwarz is pleased to
announce her Private Practice in
Therapeutic Counseling for Individuals,
Couples, Family, and Group
Psychotherapy*

*Special emphasis may include, but are not
limited to:*

- *Personal, Emotional, and Family Issues
and Problems*
 - *Supportive Counseling*
 - *Loneliness*
 - *Abandonment*
 - *Grief Resolution*
 - *Posttraumatic Stress Disorder*
 - *Trauma Resolution*
 - *Dual Diagnosis/Coexisting Illness*
 - *Financial Concerns*
- *Life Coaching and Career Counseling*
- *Adjustment to Life Transitions*
 - *Retirement*
 - *Relocation*
 - *Career Transition*
 - *Aging Adjustment*
- *Mood Disorders*
 - *Depression*
 - *Anxiety*
 - *Bipolar Disorder*
 - *ADHD*
 - *Phobias and Obsessive-Compulsive
Disorder*
 - *Abuse*
- *Men and Women's Issues*
 - *Divorce*
 - *Relational issues*
 - *Anger Management*
 - *Mediation*
- *Transitions*
 - *Supervised Visitations*
 - *Home Studies*
 - *Co-Parenting Counseling*

*Dr. Hall-Schwarz has worked
extensively with adolescents & adults in
hospital settings and community-based
programs that service severely abused,
neglected, and mentally ill individuals.
She has worked with adolescent & adult
women populations who have
experienced mental and physical abuse.*

*Dr. Hall Schwarz gained much insight from
Seton Shoal Creek Psychiatric Hospital,
Salvation Army Homeless Shelter, Family
Violence Protective Services & the
Battered Women's Shelter*

*Dr. Hall-Schwarz is a psychotherapist who
works and prepares treatment plans,
evaluations with physicians and other
health care providers. She is a Licensed
approved supervisor who supervises
Licensed Professional interns.*

*Dr. Hall-Schwarz regularly consults with
treatment facilities concerning in-patient
treatment as well as aftercare planning
and rehabilitation.*

*Dr. Hall-Schwarz provides therapeutic
guidance by serving as an advocate on
the Williamson County Child Welfare
Board. She is also certified as a Level 1
and 2 EMDR practitioner and is certified
as a Clinical Hypnotherapist.*

Payment due at time of service.

Clinical Interest / Focus

Dr. Hall-Schwarz believes symptoms are signals received from both the conscious and unconscious mind, from various sources throughout the body.

This is often an indication that something is wrong. By avoiding these indicators, clients with extending and spiraling issues are often certain to end up in a complex and convoluted crises. By collaborating and developing a trusting relationship with clients, it is possible to maximize understanding and allow relaxation – thus, having the opportunity where the body may release its own natural healing abilities.

In today's society, it is obvious that our weaknesses or problems (such as anger, insecurity, fear of intimacy, the need to control) are all expressions of a wounded child within.

Much of our society has been wounded to some degree through abuse or dysfunctional families that often leaves behind unresolved issues.

Many conflicts tend to carry over into our adult functioning, romantic relationships, parenting, even in our career. Through a trusting relationship, Dr. Hall-Schwarz utilizes an integrative approach with issues of interest, including marital and relational issues, remarriage-blended families, divorce, relocation, court cases, depression, anxiety, self-esteem issues, communication, stress, life transitions, abuse, trauma, grief, career, women's issues, loneliness and abandonment, and bereavement.

Dr. Hall-Schwarz looks forward to collaborating with clients to promote healing, and providing closure to old wounds.

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